

- x Tomoko Ohyama on her promotion to Associate Professor, with tenure, in the Department of Biology. This is an important 2nd step in an academic's career, and our heart-felt congratulations go out to Tomoko for her achievement.

- x [redacted] for his work developing the concept of " [redacted] " for patients before surgery at the MUHC. Prehabilitation is a multimodal program initiated before surgery. A person is evaluated for their exercise tolerance, physical strength, nutrition and mental health, and a customized plan is drawn up for them by a multidisciplinary team. Perioperative physicians, nurses, kinesiologists, physiotherapists, and nutritionists are all included and provide their expertise. The prehabilitation program generally spans 4 to 5 weeks before surgery and will usually include aerobic and strength exercises, protein and energy supplementation, anti-anxiety strategies, managing blood sugar levels, and alcohol and smoking cessation. This program is gaining increased interest at the international level, most recently at the 2024 American College of Surgeons Clinical Congress, where Dr. Liane Feldman, Surgeon-in-Chief and Medical Director of the MUHC Surgical Mission, [presented](#) the MUHC Prehabilitation Program.

- x Richard Hovey (PI) and Marc O Martel (co-I) and others for obtaining a 1 year, \$100K, award for their research project entitled "[Utilization of Psychosocial Oncology Services by Oral Cancer Patients in Montreal Area According to Their Minority Language Profile](#)".

- x Etienne Vachon-Presseau (PI) , Luda Diatchenko, Jef Mogil, Mathieu Roy and others (all co-

